

5th LE:NOTRE Landscape Forum Cyprus 2016

PRE-FORUM PROGRAMME

Monday, 14th of March 2016

- 09:00 – Depart from Hotel visiting Ancient Curium Amphitheatre and Omodos village
- Lunch to be offered at Omodos village
- Visit to a local winery - wine tasting to be offered before making our way back to the Hotel
- 17:00 Estimated arrival time back to the Hotel

Tuesday, 15th of March 2016

- 09:00 – Depart from Hotel with land rovers for a tour in Akamas Peninsula, visiting also Baths of Aphrodite. Lunch to be offered at Omodos village
- Fish mezze lunch to be offered at Latchi fishing village – by the Harbour
- Visit Kouyiouka watermill for wine tasting and presentation of traditional bread making before heading back to the Hotel
- 17:00 Estimated arrival time back to the Hotel

Wednesday, 16th of March 2016

- 09:00 – Depart from Hotel for a visit to Paphos Archaeological sites (Tombs of the Kings / St Pauls' pillar, St Solomon Catacombs, Paphos Mosaics)
- 13:00 Estimated arrival time back to the Hotel

Notes:

- A minimum of 20++ participants is required for all the tours mentioned above
- Registration for the above tours should be received no later than the 7th of March 2016
- Departure times and estimated return times are subject to participants Hotel of accommodation.

Bookings for the excursions can be made directly with Arena DMC & Sports at info@arena.com.cy

Arena DMC & Sports

Coral Beach Hotel & Resort, Coral Bay, P.O.Box 62874, 8099, Paphos, Cyprus

Tel: 00357 26880877 / 878

14/03/2015

Kourion – Wine villages (local winery visit) – Omodos village – Rock of Aphrodite

09:00-17:00

Kourion was a city of considerable importance within Cyprus, being well attested to by ancient authors. The most significant excavated remains on the acropolis of Kourion are dated to the Hellenistic to Early Byzantine periods. Leaving Kourion, we are heading towards the sun-kissed southern slopes of the Troodos mountains above Lemesos (Limassol) which are known as the 'Krassochooria' and are renowned for their vineyards and delightful hillside villages. The old forms of viticulture are still kept alive in these villages and wine production is still the main occupation for most of the inhabitants. This is the area which produces the island's famous dry red wine.

Omodos Village, blessed with natural and man-made beauty with an abundant historical heritage. Its beautifully unique natural environment is complimented by its traditional character and architecture.

Traditional lunch will be offered in a local Tavern.

Petrat tou Romiou, also known as Aphrodite's Rock, is a sea stack in Paphos. The combination of the beauty of the area and its status in mythology as the birthplace of Aphrodite makes it a popular location.



The activity Includes:

- English speaking CTO licensed guide
- All entrance fees in Archaeological sites
- All bus transfers involved
- Wine tasting in a local winery
- Traditional mezze lunch in a local Tavern in Omodos village
- Drink package with lunch

Price per person Euro 68.00 (Minimum Participation 20++ participants)

Menu to be offered		
Salads / Dips / Breads	Hot Starters	Main Dishes
Village Salad Beetroot Salad with carrots, green apple, raisins, walnuts and mint 3 different types of dips Cyprus Bread ladorigano	Grilled sausage and halloumi cheese Keftedes with pourgouri pilaf Seasonal vegetables with eggs	Mousakka Grilled lemon chicken Pork kontosouvli Beef yiaourtlou Village style potatoes
<u>Desserts:</u> Filo pastry local sweet & Seasonal Fresh Fruit		
<u>Drink Package:</u> Unlimited consumption of House Carafe wine, local spirits, beer, soft drinks, Bottled water, Coffee/ Tea		

15/03/2016

Akamas Jeep Safari – Baths of Aphrodite – Kouyiouka watermill

09:00 – 17:00

The Akamas Peninsula is in the far west of Cyprus at it's the most westerly point. It's an area of outstanding natural beauty – deep gorges, a wild landscape, and wide sandy bays. It is also an area of great biodiversity and ecological significance. An unspoilt wild place thanks to its inaccessibility. The importance of the Akamas Peninsula is recognised far beyond the shores of Cyprus. The European Council has included the Akamas Peninsula within its Mediterranean protection programme.

The beauty spot of Baths of Aphrodite is situated past the fishing harbor of Latsi towards the tip of the Akamas peninsula. A natural pool grotto surrounded in greenery, the site lies at the end of a small nature trail.

As its name suggests, the grotto is said to be where the Goddess of Love used to bathe.

The Kouyiouka Watermill is a listed building renovated to its former glory, partially with European Union funds. The Watermill functions as a Folkloric and Cultural Multi-center, aiming to present vividly the spirit of the Cypriot way of life and traditions.

Situated in the Multi-center, a Coffee Shop and a Kiosk of well-chosen traditional products, a Restaurant, a Traditional Bakery and Workshop of various products, the Kouyiouka Watermill's folkloric exhibition center, based on "Bread, Wine and Olive oil", and the cellar with local Cypriot Wines, will offer to the visitors a memorable and unique experience.



The activity Includes:

- 1 x English speaking CTO licensed guide for the group
- All jeep transfers involved with driver
- Kouyiouka watermill - Wine tasting and traditional bread making presentation
- Fish mezze lunch at Latchi village harbour
- Drink package with lunch

Price per person Euro 79.00 (Minimum Participation 20++ participants)

Menu to be offered	
<u>Salads / Dips / Breads</u>	<u>Main Dishes Starters</u>
Village Salad Various dips	Calamari, Shrimps, Mussels, Grilled octopus, Sword fish, Whitebait fish, Bream
<u>Drink Package:</u> Unlimited consumption of House Carafe wine	

16/03/2016

Paphos Archaeological sites

09:00 – 13:00

The whole town of Pafos is included in the official UNESCO list of cultural and natural treasures of the World heritage.

Its glorious history dates back thousands of years. Paphos has been inhabited since the Neolithic period. It was a centre of the cult of Aphrodite and of pre Hellenic fertility deities.

The remains of villas, palaces, theatres, fortresses and tombs mean that the site is of exceptional architectural and historic value. The villas are richly adorned with mosaic floors that are among the most beautiful in the world.

These mosaics constitute an illuminated album of Ancient Greek mythology, with representations of Greek gods, goddesses and heroes, as well as activities of everyday life. The mosaics of Nea Paphos are among the most beautiful in the world.



The activity Includes:

- 1 x English speaking CTO licensed guide for the group
- All entrance fees to the Archaeological sites
- All bus transfers involved

Price per person Euro 32.00 (Minimum Participation 20++ participants)